



Become a holder of the European Society of Hypnosis Certificate today.

ESH works to increase the knowledge of the evidence-based hypnosis within the healthcare systems in Europe. ESH encourages Constituent Societies to become **ESH Accredited Training Societies** and follow a common pool of high professional standards in hypnosis training to make a difference from lay hypnosis training.

As an ESHC holder you can:

- Network with colleagues
- Get free electronic copy of Contemporary Hypnosis and Integrated Therapy (CH&IT) Journal
- Receive a discount on ESH congresses
- Participate at special events at ESH congresses
- Join the ESHC holder list on our website
- Add ESHC to your CV and Logo

European Society of Hypnosis (ESH) Committee for Educational Programs in Europe (CEPE)

We hope to see more ESHC holders among ESH Constituent Societies.

The **European Society of Hypnosis Certificate (ESHC)** is awarded by ESH to professionals who have gained expertise in their field and are committed to the highest professional standards. The certificate is renewable every three years, to encourage that holders have maintained their professional development.

We believe that having more ESHC holders in ESH Constituent Societies will serve as a clear indicator that the clinical use of hypnosis is recognized and respected across Europe.

The website list will assist patients/clients looking for hypnosis treatment to find appropriately qualified and certified professionals.

Minimum Training Requirements for European Society of Hypnosis Certificate

Level 1 Basic Training

- 50 hours of Basic Theoretical Hypnosis Training
- 50 hours of Supervision in hypnosis applications.

Level 2 Advanced Training

- 100 hours of Further Hypnosis Training including courses, conferences, workshops and online learning etc. in hypnotic applications and techniques
- 2 years of Clinical Work Experience in hypnosis.

Apply for the certificate through your Constituent Society or ESH Central Office mail@esh-hypnosis.eu

Read more at our webpage www.esh-hypnosis.eu

